









| No. | Word/Phrase | How to read (Hiragana) | Translation | Note | Example | | Image |
|-----|-------------|------------------------|------------------------|--|---------|--|-------|
| 1 | 5 S | ごえす | 5S | 5 words each beginning with the letter S: Sorting (seiri), Set in order (seiton), Shine (seisou), Standardize (seiketsu), and Sustain (shitsuke). Used to maintain and improve the work environment. | | | |
| 2 | 整理 | せいり | Seiri (Sorting) | To identify what are necessary and unnecessary and share the results to improve quality and productivity. | | | |
| 3 | 整頓 | せいとん | Seiton (Set in order) | To determine where and how to store necessary tools and materials and indicate them properly to reduce unreasonable or wasteful motions. | | | |
| 4 | 清掃 | せいそう | Seisou (Shine) | To clean the workplace to make the right workplace condition easily identifiable. | | | |
| 5 | 清潔 | せいけつ | Seiketsu (standardize) | To thoroughly implement Seiri, Seiton, and Seisou to keep the clean and normal condition. | | | |
| 6 | しつけ | しつけ | Shitsuke (Sustain) | To create an atmosphere in which workers discipline themselves to follow the rules and cooperate each other. | | | |

| No. | Word/Phrase | How to read (Hiragana) | Translation | Note | Example | Image |
|-----|-------------|------------------------|------------------------------|------|---------|---|
| 7 | 掃除 (する) | そうじ (する) | Cleaning (to clean) | | | |
| 8 | 片づける | かたづける | To tidy up | | | |
| 9 | 捨てる | すてる | To throw away | | | |
| 10 | 汚い | きたない | Dirty | | | |
| 11 | 汚れる | よごれる | To get dirty | | | |
| 12 | 分別 (する) | ぶんべつ (する) | To sort waste | | |  |
| 13 | 燃えないごみ | もえないごみ | Nonburnable waste | | | |
| 14 | 燃えるごみ | もえるごみ | Burnable waste | | | |
| 15 | 挟まれる | はさまれる | To get sandwiched in between | | |  |
| 16 | 巻き込まれる | まきこまれる | To get caught in | | |  |

| No. | Word/Phrase | How to read (Hiragana) | Translation | Note | Example | Image |
|-----|-------------|------------------------|--------------------------|-----------------------|--|--|
| 17 | やけど (する) | やけど (する) | Burn (to get burned) | | | |
| 18 | 落ちる | おちる | To fall | かいだん 階段から落ちます。 | Fall from the stairs. |  |
| 19 | 滑る | すべる | To slip | ゆか 床が滑ります。 | The floor is slippery. |  |
| 20 | 転ぶ | ころぶ | To fall; stumble | こうじょう 工場で滑って転びました。 | I slipped and stumbled in the factory. |  |
| 21 | 濡れる | ぬれる | To get wet | | |  |
| 22 | 衛生 | えいせい | Sanitation | | | |
| 23 | 避難 (する) | ひなん (する) | Evacuation (to evacuate) | | | |

| No. | Word/Phrase | How to read (Hiragana) | Translation | Note | Example | | Image |
|-----|-------------|------------------------|-------------|------|-----------|-----------------------|---|
| 24 | 救急車 | きゅうきゅうしゃ | Ambulance | | | |  |
| 25 | 災害 | さいがい | Disaster | | | | |
| 26 | 地震 | じしん | Earthquake | | じしんが起きます。 | An earthquake occurs. | |